***MARIJUANA, INHALANTS, STEROIDS***

***Chapter 22, Section 2***

***GLENCOE HEALTH (2011)***

**BIG IDEA:**

Three often-abused drugs that can have physical and mental side effects are marijuana, inhalants, and anabolic steroids.

**NEW VOCAB:**

* Marijuana
* Paranoia
* Inhalants
* anabolic-androgenic steroids

**Marijuana**

Using marijuana has serious physical, mental, social, and legal

Marijuana is one of the most used illegal drugs.

Hashish, or hash, is a form of marijuana.

A plant whose leaves, buds, and flowers are usually smoked for their intoxicating effects

Marijuana is considered a possible  *drug,* a drug that may lead the user to try other, more dangerous drugs.

 Studies have shown that a teen who uses marijuana is times more likely to use cocaine than a teen who has never used marijuana.

The effects of marijuana use from person to person, and can be by a person’s mood and surroundings.

**Health Risks of Marijuana**

1. Hallucinations and paranoia
2. Impaired short-term memory, reaction time, concentration, and coordination
3. Decreased initiative and ambition
4. Bloodshot eyes, dry mouth
5. Lung irritation, coughing
6. Heart and lung damage
7. Increased risk of lung cancer
8. Weakened immunity to infection
9. Increased appetite
10. Increased risk of stillbirth and birth defects
11. In females, risk of infertility
12. In males, lowered sperm count and testosterone levels
13. Changed hormone levels

**Physical Consequences of Marijuana Use**

Because marijuana is often , users face the same health risks as tobacco smokers.

  Marijuana smoke contains more cancer-causing chemicals than tobacco smoke.

Users often inhale the unfiltered smoke.

Users may be more susceptible to infections.

Users’ hormone levels are affected.

THC, the main ingredient in marijuana, is stored in body fat and traces of it can be present in the blood for as long as a month.

**Mental and Emotional Consequences**

Marijuana raises levels of a brain chemical called that produces a pleasurable feeling called a “high.”

When the drug wears off, the pleasure sensation stops, often dramatically. This abrupt letdown is called a

Marijuana users can experience slow mental reflexes and may suffer from sudden feelings of anxiety and

An irrational suspiciousness or distrust of others

**Consequences**

1. Dizziness
2. trouble walking
3. impaired memory
4. distorted perception
5. loss of coordination
6. trouble with thinking
7. sleepiness

**Driving and Marijuana Use**

Driving under the influence of marijuana is and illegal.

 It is dangerous because marijuana interferes with depth perception, increases reaction time, causes sleepiness, impairs judgment, and slows .

**Inhalants**

Inhalants can cause the death of cells.

All inhalants are extremely dangerous, and some are labeled as

Some inhalants are prescribed by doctors, while others are inhaled to achieve a high.

Substances whose fumes are sniffed or inhaled to give effect

**Inhaling solvents, aerosols, glues, paints, varnishes, and gasoline can cause**

1. liver and kidney damage
2. blindness
3. brain damage
4. paralysis
5. cardiac arrest
6. death

**Immediate Effects of Inhalants**

1. glassy stare
2. slurred speech
3. impaired judgment
4. nausea
5. coughing
6. nosebleeds
7. fatigue
8. lack of coordination

Inhalants can be accidentally inhaled when doing chores.

 When using inhalants, work in a well-ventilated room and wear a mask if a project requires long exposure to the fumes.

**Consequences of Steroid Use**

Steroids can cause health problems.

Athletes who use steroids can face expulsion from a team or event, monetary fines, tarnished reputation, and time.

The use of anabolic-androgenic steroids can result in muscle growth.

Synthetic substances similar to male sex hormones

refers to muscle building.

refers to increased male characteristics.

**Side Effects of Steroid Use**

1. weak tendons and ligaments
2. weight gain
3. acne
4. high blood pressure
5. liver and kidney tumors
6. HIV or hepatitis B
7. violent behavior
8. extreme mood swings
9. depression
10. paranoia

**EFFECTS ON:**

*:* Shrinking testicles, reduced sperm count, baldness, development of breasts, increased risk of prostate cancer

*:* Facial hair, baldness, menstrual cycle changes, a deepened voice